

SUPPORT GROUP FOR CARERS



Do you care for a family member with a learning disability

Kingston Mencap Trustees have agreed to continue funding the **Carers' Support Group** in 2014

It has been agreed, following consultation with carers, to meet up bi-monthly at Age Concern in the evening and on alternative months at HFT in the afternoon. This should give everyone the opportunity to meet up with others carers, to share information and experiences and to discuss issues. We also plan to invite various 'Speakers' on subjects of interest suggested by carers.

The meetings will continue to be very informal so why not come along to one of the next meetings in 2014:

- **Age Concern, Raleigh House, 14 Nelson Road, New Malden, KT3 5EA at 7.30pm** facilitated by Mary Macan
- **Home Farm Trust (HFT) Springfield Place, New Malden, KT3 3LJ at 1.30pm** facilitated by Eleanor Reed

5th February - catch up after Christmas and New Year at Age Concern 7.30pm

5th March - discuss Speakers at Age Concern 7.30pm

2nd April - at HFT 1.30 - Speaker - **Christine Towers - Thinking Ahead**

7th May - at Age Concern 7.30pm - Speaker - **Bethan and Chris - Reach Standards**

4th June - at HFT 1.30

2nd July - at Age Concern 7.30pm - Speaker - **Eleanor Read - KCN**

NO MEETING IN AUGUST

3rd September - at Age Concern 7.30pm

1st October - at HFT 1.30

5th November- Age Concern 7.30pm

NO MEETING IN DECEMBER

- Carers go out for Christmas dinner

CARERS WEEK 9th -15th June 2014

If you want more information please contact: Gill Wood 0208540 1399 or 0775 936 3747
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