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Spectrum

**Tuesday evenings from 7-9pm**

**HFT Centre, Springfield** **Close, New Malden. KT3 3LJ**

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| **The Hub** | **Kitchen** | **Sensory room** | **Mentor room** |
| C:\Users\Sean\Downloads\20160831_170053 (1).jpgGames, puzzles, booklets | C:\Users\Sean\Downloads\20160831_165558.jpgTea, coffee, monthly cooking | C:\Users\Sean\Downloads\20160831_171302.jpgChill out space | C:\Users\Sean\Downloads\20160831_165737 (1).jpg1:1 time with your mentor |

Games, puzzles and activity booklets every week in the Hub.

Activity Room and Kitchen Programme

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| 4th April | Easter break |
| 11th April | Easter break |
| 18th April | Play the quiz and win a prize |
| 25th April | Games night |

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiI4rKpv5XOAhUIDxoKHcFWC8sQjRwIBw&url=http://www.4zzzfm.org.au/news/audio/2016/02/06/chill-out-zone&bvm=bv.128153897,d.d2s&psig=AFQjCNGno9YKtSBmtP1wTPCnjKh7YQuVmA&ust=1469772446644003)

For further details please contact Leeni

on 07547 549334 or [leeni.kingstonmencap@gmail.com](mailto:leeni.kingstonmencap@gmail.com)

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiI4rKpv5XOAhUIDxoKHcFWC8sQjRwIBw&url=http://www.4zzzfm.org.au/news/audio/2016/02/06/chill-out-zone&bvm=bv.128153897,d.d2s&psig=AFQjCNGno9YKtSBmtP1wTPCnjKh7YQuVmA&ust=1469772446644003)