Care and Support and You

Introduction to the Care Act 2014







Royal Borough of Kingston upon Thames

About this information session

- There will be a 10 minute presentation including a short film
- Then its your chance to ask questions (10-15 minutes)
- Then its individual question time (5 -10 minutes)
- We will finish on the hour







What is Care and Support?

It varies from person to person but can include help with things like:

- getting out of bed, dressed or washed
- eating or cooking meals
- seeing friends and family
- caring for family and friends







What's happening and when?

- From April 2015, care and support services in England are changing for the better
- If you receive care and support, or you support a family member or friend, you could benefit from the changes
- Let's watch the video to find out more...





From April 2015 What are the main changes?

Your support needs

- All Councils must try to stop, delay or reduce people's need for care and support in the first place
- They must provide you with information and advice about local services to help you stay independent, safe and well
- And make sure there are different care and support services in your area to choose from
- There will be nationally agreed set of care and support needs that all Councils will consider when they assess what help they can offer you





From April 2015 What are the main changes?

Your support needs

- If you need care and support, you will be in control of decisions that affect you
- You will be involved in putting together a care plan tailored to your needs and what is important to you
- You will also know how much money is spent on your care and you will have more control over how it's spent
- If you move to another area, councils will have to work together to make sure that there is no gap in your care when you move





From April 2015 What are the main changes?

Support for carers

- If you care for a family member or friend, you may be able to get help to carry on caring
- You will be entitled to a carer's assessment which will work out how best to support you to do the things that are important to you
- If the assessment says you can get support, you will be offered a personal budget to spend on the things that make caring easier for you like having a short break









Paying for Care and Support

- You will have to pay something towards most sorts of care and support if you have enough money
- You can ask the Council to check your money to see how much money you can afford to pay
- If you own your own home, you will be able to delay selling it to pay for any care home fees if you make an agreement with the Council







What are the main changes?

Paying for Care and Support

- From 2016 you will never have to pay more than £72,000 for your care costs
- We will keep an account of your spend and tell you when you have spent £72,000





From April 2016



What we are doing in Kingston

- Working in Partnership
- Making sure you can get good quality information and advice
- Developing prevention services







More information



Email: careact@kingston.gov.uk Telephone: 020 8547 4678 Website: www.kingston.gov.uk/care_act

